

LCIM Introduction

Louisiana College is a division of the Office of Student Life. The Office of Student Development at Louisiana College seeks to serve students through the establishment of a network of programs and services that excel in meeting student needs outside the classroom. These opportunities are designed to complement academic excellence and to build a Christian community on a diverse campus.

As a facet of Student Development, Intramurals seeks to provide students, alumni, faculty, and staff with a variety of recreational opportunities operating within a Christian framework as a ministry to students.

LC Intramurals provides recreational opportunities in both team and individual sports year-round. These sports include Flag football, volleyball, ultimate Frisbee, soccer, basketball, kickball, bubble soccer, dodge ball, etc.

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@IntramuralLC



@LC_IM

Louisiana College Intramurals
Fall 2019 Events

Sport	Dates
3 vs. 3 Basketball Tournament	August 23 (7pm) HO West
Flag football Season	September 3- October 2 (8-10pm) Wildcat Stadium
Badminton Tournament	October 3 (7pm) Walden Gym
Volleyball Season	October 9 (5-7pm) LC Softball Field
Homecoming Softball Game	October 19 (3pm) Softball Field
Kickball Tournament	November 4 (7-11pm) Wildcat Stadium
Indoor Soccer Tournament	November 11-12 (8-10pm) H.O. West
Pool Tournament	November 14 (7:30pm) Game Room

Sports Rules

Each intramurals sport has its own set of rules. These rules combine national, collegiate and high school rules along with additional intramural rules. Season sports will follow LCIRSA official rulebooks. A handout of all rules for a specific sport will be available at all team representative meetings and at any time in the intramural office.

Equipment

Proper athletic equipment must be worn. Gym shoes are required whenever participating in HO West or Walden. Shoe deemed unsafe by the officials will be prohibited. Only tennis shoes, soft-soled, non-marking shoes, or molded rubber cleats are permitted in outdoor activities. No metal cleats are allowed. Anyone caught using prohibited equipment will be subject to disqualification from the contest.

Hats/Caps

Hard-billed hats are allowed only during softball. Soft caps (stocking caps and wool caps) are allowed during outdoor events. Bandannas headbands are allowed during indoor competition.

Jewelry

No jewelry will be permitted in intramurals events that feature contact between participants. These events include but are not limited to Flag Football, Soccer, Softball, Ultimate, Volleyball, Basketball, Kickball, and Dodge ball.

In general, no equipment should be worn or used which result in the injury of others or oneself.

Entry Procedures

All teams or players entering a sport must register on IMleagues.com. To register you must:

- Register yourself on IMleagues.com.
- Add yourself to the "Louisiana College" network in the top left corner
- For team captains:
 - o Select the sport in which you wish to enter
 - o Add or invite teammates
- For players:
 - o Accept or email invitation to add yourself to the roster
 - o Or accept the invitation on your IMeagues account,

Roster Freezes

The only players eligible to compete with a team in the playoffs are those who are on the roster before the designated date for that season and who have played at least two games over the course of the season,

For season sports, rosters will freeze exactly 1 week after the season has begun. During the one-week grace period, teams may add or take-away players. After the deadline, no changes are allowed to be made.

Player Eligibility

In order to participate in any season sport or tournament, students must be enrolled in at least one hour of classes at Louisiana College. Students must be enrolled in 3 or more hours of classes to be eligible to play in the playoff tournament of season sports.

When a person has participated (name on game roster) for a particular sport, he/she becomes a permanent member of that team throughout the sport. Once playing eligibility has been established a person cannot change teams. A person cannot participate on more than one team then he/she may be disqualified from the league.

Any current NCAA intercollegiate athlete is ineligible to compete in his/her sport or it's associate. First year freshmen redshirt athletes may compete.

Any former NCAA intercollegiate may compete in the season of his sport or its associate but is ineligible to compete in either the LC playoffs or the LCIRSA State Tournament of his sport.

Other former NCAA athlete (golf, soccer, tennis, etc.) may compete in the tournament of his sport provided it has been one full calendar year since the last game in which he was on the team.

Faculty, staff and alumni and their wives may participate in any season sports but are ineligible for the playoffs or the State Tournament.

Eligibility protest may be submitted by the protest form. Eligibility will be handled on a case by case basis.

All persons competing in Intramural events must sign a "Release and Hold Harmless" form. Failure to do so will result in prohibition from playing.

Penalties for Eligibility Violations

Ineligible Player: any person participating in an Intramural activity found to be ineligible shall be suspended for the remainder of that activity and all contest they participates in shall be forfeits by the team they played for.

Assumed Name: a player competing under an assumed name shall be barred from Intramural competition for the remainder of the semester, as well as causing team to forfeit games they participated in and possibly be terminated from the league. If there is an issue about the identity of a student in question will need to present a valid driver's license or a second photo id.

Scheduling

For season sports, schedules will be given to captains before the season begins.

Captains may make scheduling requests. Intramurals will make efforts to make these accommodations when feasible.

The brackets for tournaments will be given to the captains after the deadline of those tournament entries.

Schedule Changes:

Captains may request schedule changes by noon the day of the game. The Intramural staff will contact the other captains involved, and, if possible, the change will be made. If this is not possible for one of the teams involved, the original schedule will stand. If a schedule change request is rejected and this rejection results in a forfeit by that team, the request is considered proper notification and no forfeit fee applies.

Forfeit Policy

All forfeits not reported before 5:00 on the day of the game will result in a \$10 fee. This fee must be paid before the teams' next game or that game will also result in a forfeit. Two fined forfeits in one season will result in removal from the league.

Inclement Weather

In the case of inclement weather, the intramural staff will determine if entire game nights must be rescheduled. Captains will be notified via text once a decision has been made.

Once the dates and times of these rescheduled games are determined, the captains of the involved teams will be notified via text.

In case of dangerous weather beginning during a game, the intramural staff will call the game. If the game is more than half-way played, the score will stand. This game will count as a full game. If the game is less than half-way played, the game will be rescheduled and started over.

Representative Meetings

The team captain, or if unavailable another team member, must attend the mandatory team representative meeting prior to the start of each major team sport. The meeting will serve to discuss the game rules and intramural policies. The unofficial schedule will be available for changes. Captains failing to attend the meeting, or send a substitute, may cause their team to be bumped from their playing spot by a team wishing to change any of their game times. Dates, locations, and times of meetings will be listed on the information sheet in each entry packet. There will be a \$10 fee for missing the meeting with notice and a \$20 fee for missing the meeting without notice. This is added to the entry fee and follows the same procedures.

Team Captains

Team captains are responsible for acquiring all information from the Intramural staff and conveying it to their team. This includes but is not limited to policies, rules, schedules, and schedules changes. Captains are also responsible for conveying any necessary information to the Intramural staff.

Team captains are also responsible for ensuring that his or her team's chosen name and t-shirts are appropriate for intramural use. If a team chooses not to have their name checked for approval, and it is later determined to be inappropriate, the Intramural staff may choose to disallow use of both the name and t-shirt.

The captain is also responsible for checking in his or her team at the beginning of each game by notifying the bookkeeper whenever he/she has the minimum number of players to begin the game.

A captain must also be designated on the court or field of play prior to each game. This person is the only person allowed to speak to the official about a call. If the designated captain leaves the court or field of play, another player shall be designated as acting captain.

Team Shirts

All intramural teams are encouraged to have team t-shirts made with permanently affixed numbers by the playoff tournament in order to be eligible to compete in it.

All intramural teams are required to wear the same colored shirts. Players wearing different colored shirts from their teams must pay a \$5 fee to compete.

Pregame Check In

Before each game, every participant or coach must check in with the bookkeeper with a Student ID in order to be eligible to play.

Playoffs & Championship Games

At the end of each season sport, playoffs will take place. The number of teams eligible for the playoffs will be determined by the intramural staff during the course of that season. Seeding will be determined by each team's season record.

Both the season winner and the playoff winner may choose to attend the state tournaments. In the case that one team wins both, the second place tournament winner may choose to attend.

The Intramural staff reserves the right to refuse any team's participation in the LCIRSA State Tournament.

LCIRSA State Tournament

Louisiana College may send two representatives from each division (men's, women's, and co-rec) to the LCIRSA State Tournament in Flag Football, Volleyball, Basketball, and Softball.

Intramurals will pay for a team's entry fees as well as hotel costs. Note that the director reserves the right to disallow a team from playing in the state tournament due to unsportsmanlike or disciplinary concerns.

Participants will be responsible for travel to and from tournament site, food, signing all releases and medical forms, providing uniforms, and returning borrowed equipment.

Team captains will be responsible for completing and returning team entry forms with a team roster of eligible participants to the Intramural Office, completing and returning risk/waiver forms for each team member to the Intramural Office, the team's conduct at all tournament events.

Should a player be ejected from a state tournament, he or she may not participate in campus intramurals or a state tournament for two semesters.